

Dear Parents and Guardians:

In the coming days we will be studying the biological basis of Fetal Alcohol Syndrome and other alcohol-related birth defects. Because these birth defects are very prevalent, costly to individuals and society, yet are completely preventable, the need to educate our youth on this topic is critical.

The curriculum “Better Safe Than Sorry”, was funded by the National Institute of Alcohol Abuse and Alcoholism (NIAAA), and developed in partnership with scientists and teachers, alike. This curriculum is designed to provide students with age-appropriate factual, non-judgmental information conveyed through videos, experiments and activities. The goal is to give students basic information about the cause, consequences and prevention of birth defects caused by drinking during pregnancy. This information can help students make the choices that, in the future, will help prevent birth defects. The foundation for those choices is being formed now.

We hope your child will make good use of his or her new knowledge—even share it with his/her friends, family and community. We encourage you to use this opportunity to discuss openly at home the information your child is learning. Together we can prevent birth defects such as Fetal Alcohol Syndrome.

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I, \_\_\_\_\_ grant permission for \_\_\_\_\_  
(Parent or guardian’s name) (Child’s name)

to participate in the alcohol-related birth defects curriculum.

\_\_\_\_\_  
(Signature of parent or guardian)

\_\_\_\_\_  
(Date)